

LIST OF PARISHES AND MASS TIMES IN THE ARCHDIOCESE OF KOTA KINABALU

#	PARISH NAME	HOLY MASS	TIME
1	KOTA KINABALU, Sacred Heart Cathedral (SHC)		
14B Jln Mentri, Off Jln Tengku Abdul Rahman P.O.Box 10049, 88800 Kota Kinabalu Parish Office: Tel: 088-224741 088-262068 088-223618		DAILY MASS	6:00AM (Mon-Sat) EN
		SUNSET MASS	6:00 PM (EN)
		SUNDAY MASS	7:00 AM (CH)
			9:00 AM (EN)
			11:00 AM (BM)
2	BUKIT PADANG, Church of Mary Immaculate Parish (CMI)		
Jln Kolam, Bukit Padang P. O. Box 21283, 88770 Luyang Post Office Kota Kinabalu Parish Office: Tel: 088-222345, 012-870 8009		DAILY MASS	6:30 AM (EN)
		SUNSET MASS	6:00 PM (CH)
		SUNDAY MASS	8:00 AM (EN)
			10:00 AM (Korean)
3	DONTOZIDON, St. Paul's Parish Church		
Mile 4.5 Jalan Penampang Lama P.O.Box 11580, 88817 Kota Kinabalu Sabah Parish Office Tel: 088 – 714359		DAILY MASS	6:30 AM (Mon-Sat) EN
		SUNDAY MASS	8:00 AM (KD)

4	BUNDU TUHAN, St. Pius X Parish Church	
Jalan Bundu Tuhan, P.O.Box 1032 89308 Ranau, Sabah	DAILY MASS	In Outstation Chapels
	SUNSET	6:00PM (BM)
	SUNDAY MASS	8:00AM (BM)
5	INANAM, St. Catherine's Parish Church	
Jalan Kiansom WDT 10 89359 Inanam Sabah Parish Office Tel: 088-421293 FB https://www.facebook.com/stcatherineinanam?mibextid=LQQJ4d https://www.facebook.com/youthsci?mibextid=LQQJ4d	DAILY MASS	6:30AM (Mon-Sat)
	SUNSET MASS	6:00PM (KD)
	SUNDAY MASS	8:00AM (BM)
6	MANGGATAL, Good Shepherd Parish Church	
For any inquiries please contact St. Catherine's Inanam Parish Office Tel: 088-421293 https://www.facebook.com/gsm.menggatal?mibextid=LQQJ4d	SUNDAY MASS	8:00AM (CH)
		10:30AM (BM)
7	TELIPOK, Holy Family Parish Church	
For any inquiries please contact St. Catherine's Inanam Parish Office 088-421293 https://www.facebook.com/HFCTelipok?mibextid=LQQJ4d	SUNSET MASS	6:00PM (BM)
	SUNDAY MASS	8:00AM (BM)
		10:30AM (CH)

TELIPOK, Divine Mercy Church , KKIP

For any inquiries please contact St. Catherine's Inanam
Parish Office 088-421293

<https://www.facebook.com/dmckkip?mibextid=LQQJ4d>

SUNDAY MASS

10:30AM (BM)

8 INOBONG, Sacred Heart Parish Church (SHCI)

Jalan Inobong
Putaton Bansadon,
Kampung Inobong
89500 Penampang
Tel: 018-3155688
E-mail: htpinobong@gmail.com

FB:

<https://www.facebook.com/SHPInobong?mibextid=ZbWKwL>

DAILY MASS

6:30AM (Tue – Fri)

7:00AM (Sat)

SUNSET MASS6:00PM - KD
(SHCI)6:00PM -KD
(Sts. Peter & Paul Babagon)**SUNDAY MASS**8:00AM - BM
(SHCI)8:00AM - BM
(Sts.Peter & Paul, Babagon)**9 KIULU, Tombongon, St. Joseph Husband of Mary Parish Church**

P.O.Box 160
Pejabat Pos Mini Kiulu
89250 Kiulu Sabah
Tel: 088-783996 / 016-4947466

DAILY MASS

6:15AM (M,T & Sat)

6:30PM (W,Thr & F)

SUNSET MASS

6:00PM (EN)

SUNDAY MASS

8:00AM (BM)

10 KOTA BELUD, St. Edmund Parish Church

Jalan St Edmund
P.O.Box 50
89157 Kota Belud Sabah
Tel: 088-973261

Note: Sunset Mass is being celebrated at one of the
Outstation chapels weekly.

DAILY MASS

6:30 AM (M,T,W & F)

Thursday Holy Hour6:30 PM
Holy Hour followed by Mass**SUNSET MASS**6:00 PM (BM) @ *Outstation Chapel***SUNDAY MASS**

8:00 AM (BM)

11 KUDAT, St. Peter Parish Church

Jalan Tanjung Kapur P.O.Box 26 89057 Kudat Sabah Tel: 088-611271 https://www.facebook.com/spcckudat?mibextid=ZbWKwL Page Name: St. Peter Catholic Church, Kudat Email: stpeterchurchkudat@gmail.com	DAILY MASS	6:30 AM (T,W & F)
	Thursday Holy Hour	7:00 PM Holy Hour followed by Mass
	SUNSET MASS	6:00 PM (EN)
	SUNDAY MASS	8:00 AM (BM)

12 KOTA MARUDU, St. Theresa Parish Church

Jalan Tandek P.O.Box 369 89107 Kota Marudu, Sabah Tel: 088-663075	DAILY MASS	6:30 AM (T,W & F)
	Thursday Holy Hour	7:00 PM Holy Hour followed by Mass
	SUNSET MASS	6:00 PM (KD)
	SUNDAY MASS	8:00 AM (BM)

13 KEPAYAN, St. Thomas More Parish Church

11, Lorong Bunga Tanjung 1, Kepayan Low Cost Housing 88100 Kota Kinabalu Sabah, Malaysia Tel: 088-215193 Email: st.thomaskpyn.mpp@gmail.com	DAILY MASS	6:00 AM
	SUNDAY MASS	8:00 AM (KD)
		5:00 PM BM)

14	KINARUT, St. Augustine Parish Church	
Paroki St. Augustine Kinarut Jalan Papar-Penampang Kinarut, 89600 PAPAR Tel: 011-54245733	DAILY MASS	5:30 PM (M,W,F – BM) (Tue & Thu – KD)
	SUNSET MASS	6:00 PM (KD)
	SUNDAY MASS	8:00 AM (KD) 10:30 AM (BM)
15	LABUAN, Blessed Sacrament Parish Church	
Jalan OKK Abdullah, P.O.Box 81039 87020 FT Labuan T/F: 087-412437 https://cbslabuan.com/#/	DAILY MASS	6:00 AM (Mon-Sat)
	SUNSET MASS	6:00 PM (EN)
	SUNDAY MASS	7:30 AM (EN) 10:00 AM (BM)
16	LIKAS, St. Simon's Parish Church	
Jalan Punat Tanah Jalan Tuaran KM 6 P.O.Box 45, 89704 Likas, Sabah Tel: 088-212713	DAILY MASS	6:30 PM (M,T,W & F) 7:00 AM (Saturday)
	<i>Holy Hour every Thursday</i>	7:30 PM followed by Mass at 8:30 PM
	SUNDAY MASS	8:30 AM (EN) 11:30 AM (EN)
17	LIMBAHAU, Holy Rosary Parish Church	
Jalan Lama P.O.Box 9, 89607 Papar, Sabah Tel: 088-913773	DAILY MASS	6:30 AM (T-BM, W-EN, TH-BM & S-BM)
	Holy Hour	7:30 PM – Every Thursday of the 3 rd Week of the month
	SUNSET MASS	6:00 PM (BM)
	SUNDAY MASS	8:00 AM (KD)

18	PAPAR, St. Joseph's the Worker Parish Church	
<p>Jalan Pos, P.O.Box 1, 89607 Papar, Sabah Tel: 088-913542</p>	DAILY MASS	6:30 AM <i>(M-EN, T-BM, W-EN, F-EN & S-BM)</i>
	Holy Hour	7:30 PM – Every Thursday of the 1 st Week of the month
	SUNSET MASS	6:00 PM (EN)
	SUNDAY MASS	8:00 AM (BM)
		10:30 AM (BM)
	12:15 PM <i>(Chinese Mass every 1st & 3rd Sundays of the Month)</i>	
19	PENAMPANG, St. Michael's Parish Church	
<p>Jalan Dakata P.O.Box 110 89507 Penampang, Sabah Tel: 088-711009</p>	DAILY MASS	6:30 AM (M,W & F-EN) (Tue & Thu –KD)
	SUNSET MASS	6:00 PM (EN)
	SUNDAY MASS	8:00 AM (KD)
		10:30 AM (BM)
		5:00 PM (EN)
LIMBANAK, St. Aloysius Church		
	SUNSET MASS	6:00 PM (EN)
	SUNDAY MASS	8:00 AM (KD)
20	RANAU, St. Peter Claver Parish Church	
<p>P.O.Box 312, 89308 Ranau, Sabah Tel: 088-875250</p>	DAILY MASS	6:30 AM (Mon – Sat) (BM/EN)
	Thursday Holy Hour	6:30 PM – Holy Hour followed by Mass at 7:00 PM
	SUNSET MASS	6:00 PM (EN)
	SUNDAY MASS	7:00 AM (KD)
9:30 AM (BM)		

21	TANJUNG ARU, Stella Maris Parish Church	
Jalan Tanjung Aru Baru P.O.Box 10533 88806 Kota Kinabalu, Sabah 010-4323484 https://www.facebook.com/stellamarisparishtanjungaru?mibextid=ZbWKwL	DAILY MASS	6:00 AM (M-F) EN
	SUNSET MASS	5:00 PM (EN)
	SUNDAY MASS	7:30 AM (EN)
		10:00 AM (BM)
22	TERAWI, Holy Nativity Parish church	
P.O. Box 809 88858 Tanjung Aru, Sabah Tel: 088 772632	DAILY MASS	6:30 AM (M-Sat)
	SUNSET MASS	6:00 PM (EN)
	SUNDAY MASS	7:30 AM (KD) 9:30 AM (BM)
23	TUARAN, St. John's Parish Church	
Jalan Tanjong Labuaya P.O.Box 8, 89207 Tuaran, Sabah Tel: 088-788472	DAILY MASS	6:30 AM (M-Sat)
	SUNSET MASS	6:00 PM (EN)
	SUNDAY MASS	8:00 AM (KD) 10:30 AM (BM)
CARMELITE MONASTERY of Our Lady of Mt. Carmel		
	DAILY MASS	6:30 AM (M – Sat)
	SUNDAY MASS	7:00 AM
ST PAUL'S CHAPEL ON THE Hill KINARUT (MYTC)		
	DAILY MASS	6:30 AM (Wednesday Only)
	SUNDAY MASS	5:00 PM Note: No Mass during semester break